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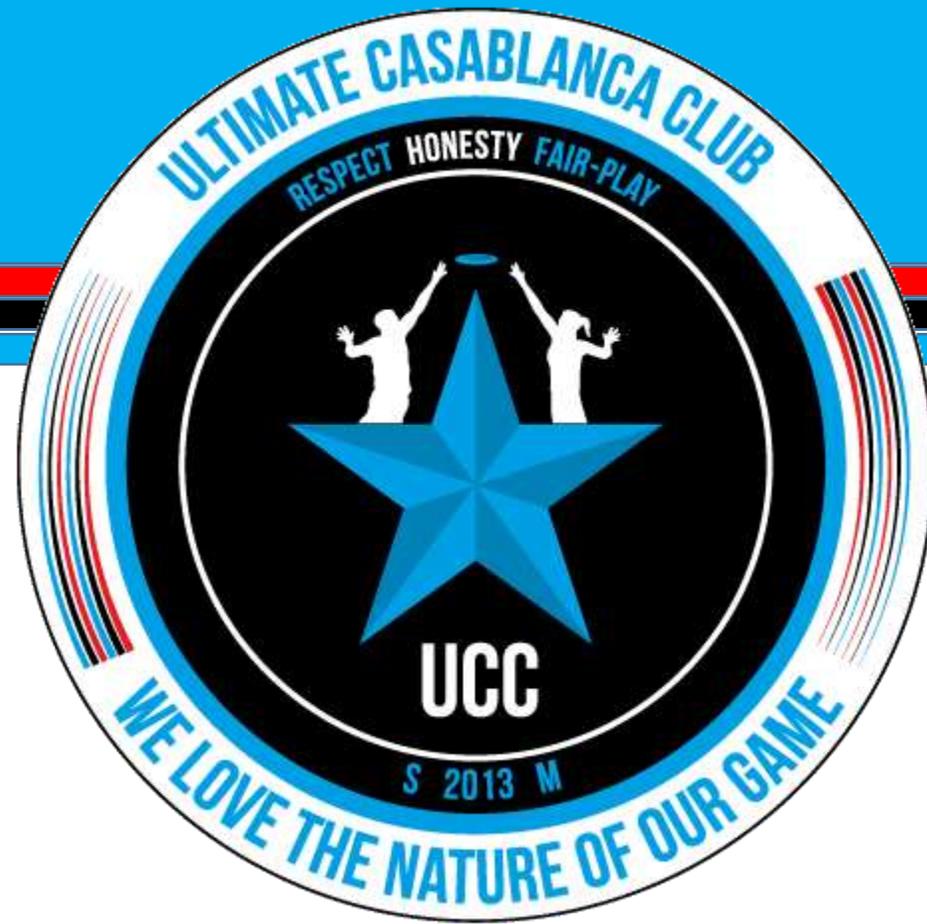
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Participation in World Championships of Beach Ultimate -France  
[wcbu2017.org](http://wcbu2017.org)



# HAND SIGNALS FOR ULTIMATE

## 1. Foul

**Hold one arm straight out and chop the other forearm across the straight arm**



## 2. Violation

**Hold one arm straight out and chop the other forearm across the straight arm**



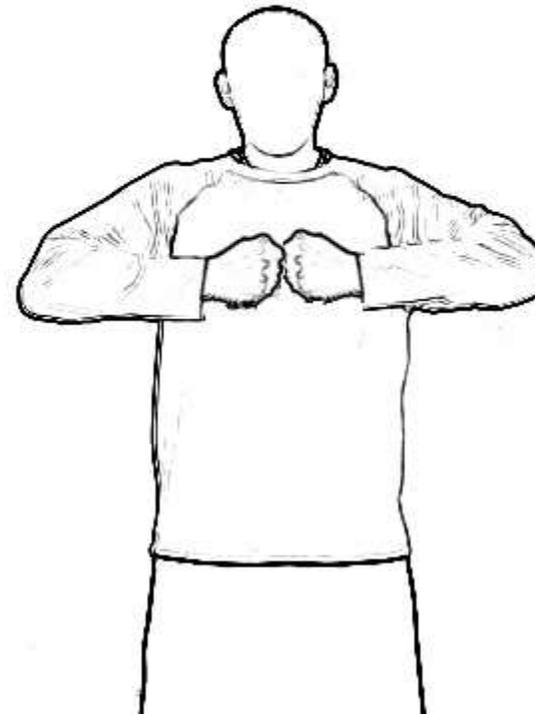
### 3. Goal

**Raise both arms, fully extended, straight up, palms facing inward**



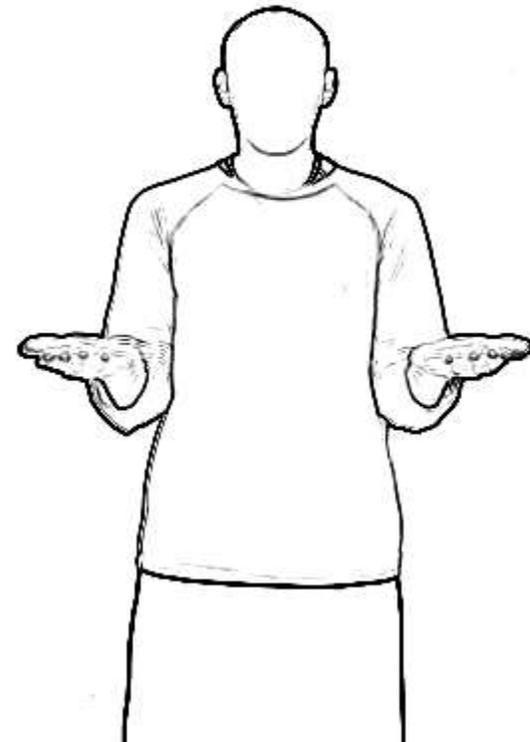
## 4. Contest

**Two fists bumped together in front of chest, back of hands facing outward**



## 5. Uncontested

Forearms extended in front of body, elbows tight against torso with palms facing upwards



## 6. Retracted/Play On

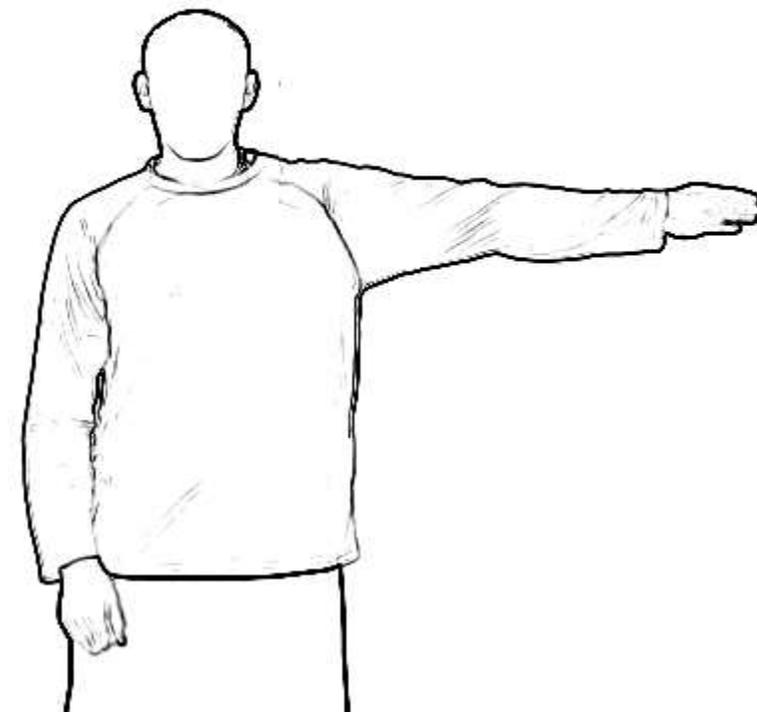
Sweeping crossover motion  
with both arms extended  
down in front of body



## 7. In/Out-of-bounds

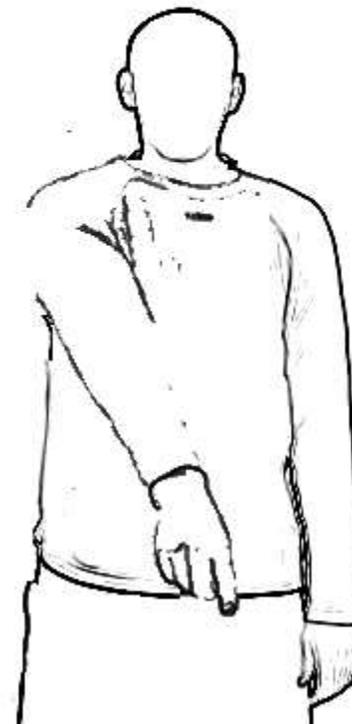
### Out of end zone

Point with one arm extended, flat palm, thumb parallel to fingers, towards playing field (in) or away from playing field (out)



## 8. Down

Index finger straight arm  
pointing down at 45 degree



## 9. Disc Up

"Up"

Elbow down forearm vertical  
index finger pointing upward



## 10. Pick

Arms raised, elbows bent,  
fists facing head



## 11. Travel

Closed fists, rotate wrists  
around in a vertical circle

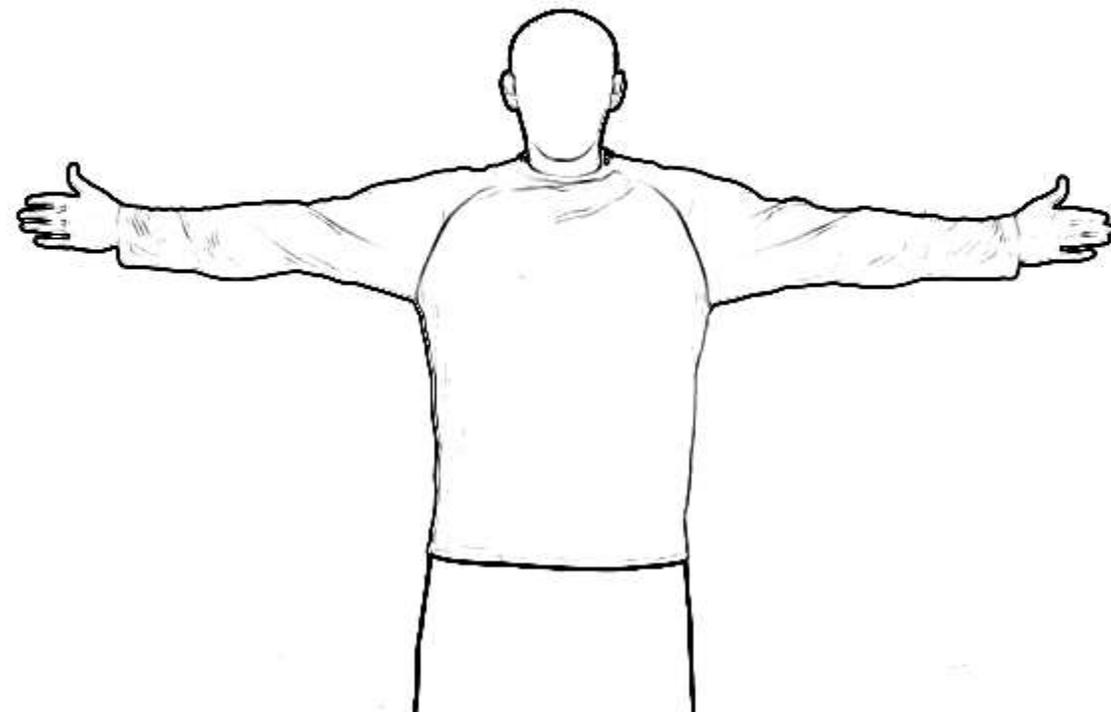




## 12. Marking Infraction

"Fast Count" "Straddle" "Disc Space" "Wrapping" "Double Team" "Vision"

Arms extended to side, palms facing front



## 13. Turnover

Right arm extended in front of body, palm facing up and then rotate to palm facing down





## 14. Timing Violation

"Stall" "Violation"

Tap head with open hand



## 15. Off side

Arms crossed overhead in an "X", hands closed in a fist



## 16. Time-out

Form a T with the hands, or a hand and the disc



## 17. Spirit of the Game Stoppage

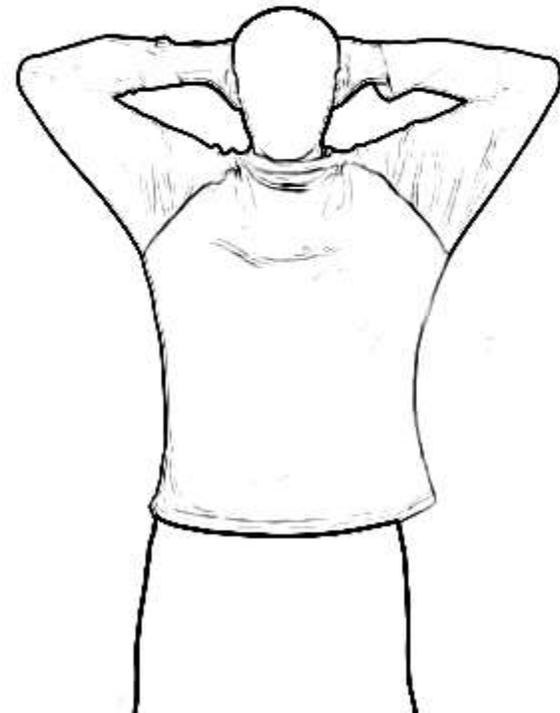
Upside down T formed by the  
hands



## 18. Stoppage

"Injury" "Technical"

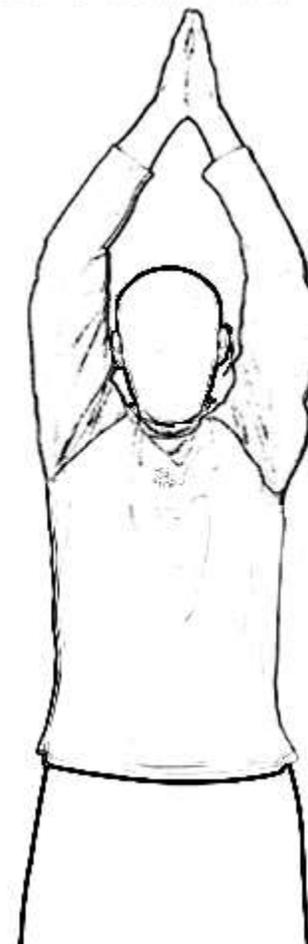
Hands cupped behind head,  
elbows out to side



19. 3 men, 2 women

"3 Men"

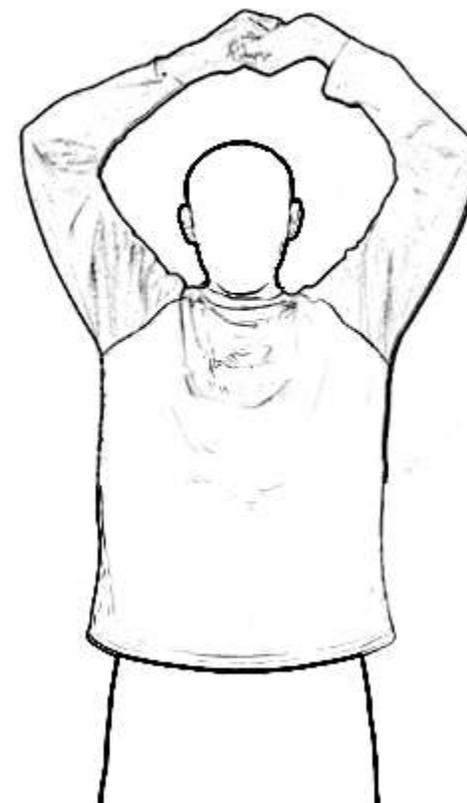
Palms together, arms raised  
straight above head



20. 2 men, 3 women

"3 Women"

Hands clasped and raised  
above head, arms bent



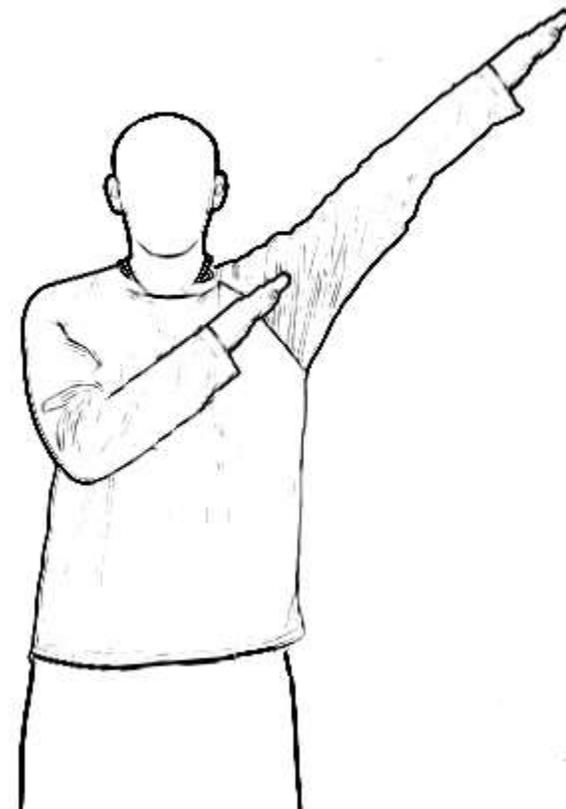
## 21. Play has stopped

Wave both extended arms  
crosswise overhead



## 22. Match Point

Both arms pointing straight up to the left, palms facing down



## 23. Who made the call

"Called by Offence/ Defense"

Pointing with two arms straight out, towards the end zone being defended by the team





Source :

## World Championships of Beach Ultimate 2017

